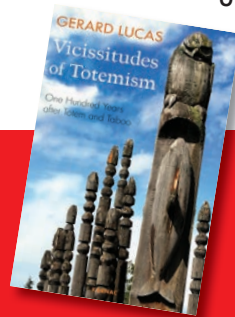
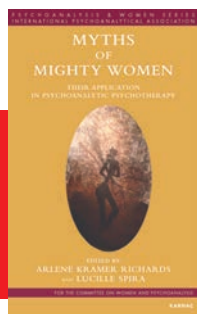
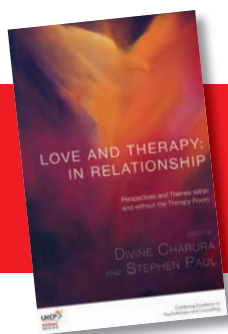


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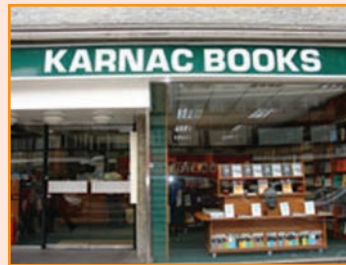
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Dream and Fantasy in Child Analysis

Edited by Samy Teicher, training analyst for psychoanalytic psychotherapy and a training group analyst with coaching and supervision in private practice, and Michael Gunter, child and adolescent psychiatrist, psychoanalyst for adults, children and adolescents, and training analyst.

How do child analysts work with dreams at the practical and theoretical levels? In the practice of child analysis today, do we find analysis of dreams and the classic differentiations between manifest and latent content? Is attention paid to the mechanisms of condensation, displacement

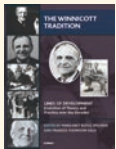
and other mechanisms described by Freud?

The current discussion on working with children's dreams and their equivalents in today's practice of child psychoanalysis forms the central focus of the contributions collected in this book. Is it a dream that a child is recounting, or is it rather a fantasy to be regarded as equivalent to a dream? Children's play, too, presents important material that allows us to draw inferences about the subconscious. Indeed dreams, daydreams, fantasies and play were originally treated as of equal importance in child analysis.

The contributions contain talks given at the Conference in Vienna on 'Dream and Fantasy in Child and Adolescent Psychoanalysis and Psychotherapy', and focus on the close connection between children's imaginative world, their dream life, and play.

Karnac Books, September 2015, 160 pp, Demy 9781780491912 £18.99/\$31.95

Popular titles in Child and Adolescent Studies



The Winnicott Tradition

Lines of Development—Evolution of Theory and Practice over the Decades

Edited by **Margaret Boyle Spelman** and **Frances Thomson Salo**

November 2014, 432 pp, Crown Quarto 9781782200079 £45.00/\$72.95



Through Windows of Opportunity

A Neuroaffective Approach to Child Psychotherapy

By **Marianne Bentzen** and **Susan Hart**

January 2015, 304 pp, Demy 9781782201588 £25.99/\$42.95



Premature Birth

The Baby, the Doctor and the Psychoanalyst

By **Catherine Vanier**

February 2015, 276 pp, Demy 9781782201212 £27.99/\$45.95

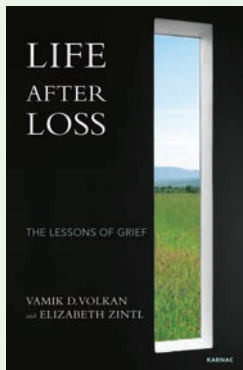


Being Present for Your Nursery Age Child

Observing, Understanding, and Helping Children

Edited by **Jeanne Magagna** and **Patrizia Pasquini**

July 2014, 336 pp, Crown Quarto 9781782201410 £37.50/\$60.95



Life After Loss The Lessons of Grief

By **Vamik D. Volkan**, *Emeritus Professor of Psychiatry and Supervising Analyst* and **Elizabeth Zintl**.

How we cope with grief and come to terms with the death of a loved one shapes our world. In this comprehensive guide to the mourning process, Dr. Volkan, a world-recognised authority on grief, shows how each mourning is as individualised as our fingerprints, encoded with our past history of losses. Anecdotal and compassionate, this is a profoundly moving and informative study of how grief and loss shape all our lives.

'Everyone should read, digest, and metabolise this book – for their own sake and for our children's sake.'

– **Howard Stein**, PhD, Professor of Family Medicine, University of Oklahoma Health Sciences Center

'When the earth opens and takes someone we love, we glimpse for an instant, but for all time, the utter fragility of life – and the hazard of loving. Those who cannot face the maximum sorrow of grief – cannot weep and remember – cannot let go, cannot move on. Nowhere is there a finer guide to loss and grief than Life After Loss. Writing with intelligence and heart and style, Volkan and Zintl have produced a classic.'

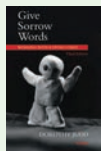
– **Michael P. Nichols**, PhD, coauthor of *Family Healing: Tales of Hope and Renewal from Family Therapy*

When you are bereaved, you always need but do not always find a good friend whose expressions of sympathy are knowing, simple, unpiious, un pompous, and mercifully brief. Life After Loss has this same rare combination of qualities. If you know someone who needs such support, give this book; it will actually help.'

– **Shana Alexander**, author of *When She Was Bad* and *Very Much a Lady*

Karnac Books, August 2015, 174 pp, Demy 9781782203926 £24.99/\$40.95

Popular titles in Grief and Bereavement



Give Sorrow Words

Working with a Dying Child

Third Edition

By **Dorothy Judd**

February 2014, 304 pp, Demy 9781780491486 £24.99/\$40.95



Sorrow's Profiles

Death, Grief, and Crisis in the Family

By **Richard J. Alapack**

2010, 376 pp, Demy 9781855756212 £28.99/\$46.95



Death Talk

Conversations with Children and Families

By **Glenda Fredman**

1997, 176 pp, Demy 9781855751743 £27.99/\$45.95

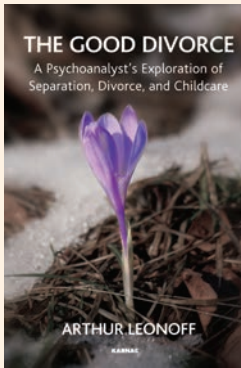


Grappling with Grief

A Guide for the Bereaved

By **Penny Rawson**

2004, 90 pp, Demy 9781855753211 £14.99/\$24.95



The Good Divorce

A Psychoanalyst's Exploration of Separation, Divorce, and Childcare

By **Dr. Arthur Leonoff**, a psychologist and psychoanalyst in private practice who has studied and worked in the area of divorce and family adjustment.

Divorce is a complicated process and not a single event. It has major life implications and must be done right. In this regard, the good divorce is an ethical divorce.

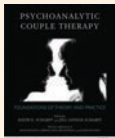
The Good Divorce does not follow the pattern of the ubiquitous self-help genre – over simplified and formulaic. Nevertheless, it is designed to be helpful by providing an in-depth exploration of the separation process, post-divorce adjustment, telling the children, caring for children from infants to teens, decision-making models, pathologies of divorce and, finally, hope and recovery through creating an important space for discovery.

Dr. Leonoff is a clinician and the book is written from the well of experience, scholarship, and study that professional practice provides. However, it is not written academically and is intended for a general as well as professional audience.

The reader will find the helpful inclusion of clinical examples, and ample opportunities for reflection and deeper thinking into the many issues that arise in divorce for individuals and families. This book's central premise is that the impact of divorce is worsened by the way it is handled rather than something necessarily inherent to the event itself. There is a required ethic which, when followed, leads to the good divorce. Knowledge is power in this regard.

Karnac Books, August 2015, 272 pp, Demy 9781782202707 £19.99/\$32.95

Popular titles in Family and Couple Therapy



Psychoanalytic Couple Therapy

Foundations of Theory and Practice

Edited by **David E. Scharff** and **Jill Savege Scharff**

January 2014, 368 pp, Crown Quarto 9781782200123 £39.99/\$64.95



Families in Transformation

A Psychoanalytic Approach

Edited by **Anna Maria Nicolò**, **Pierre Benghozi** and **Daniela Lucarelli**

April 2014, 352 pp, Demy 9781780491110 £26.99/\$43.95



What Makes Us Stay Together?

Attachment and the Outcomes of Couple Relationships

By **Rosetta Castellano**, **Patrizia Velotti** and **Giulio Cesare Zavattini**

January 2014, 176 pp, Demy 9781782200581 £22.99/\$37.95

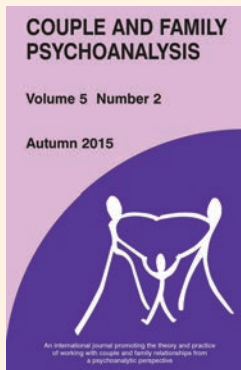


Psychotherapy With Couples

Theory and Practice at the Tavistock Institute of Marital Studies

By **Stanley Ruzczynski**

1993, 264 pp, Demy 9781855750456 £26.99/\$43.95



Couple and Family Psychoanalysis Journal

Couple and Family Psychoanalysis Journal is an international publication sponsored by the British Society of Couple Psychotherapists and Counsellors, the Professional Association of the Tavistock Centre for Couple Relationships (TCCR). It aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective while seeking to provide a forum for disseminating current ideas and research, and for developing clinical practice.

This subscription is for one year and covers two issues per annum.

5 Reasons to Subscribe to *Couple and Family Psychoanalysis*

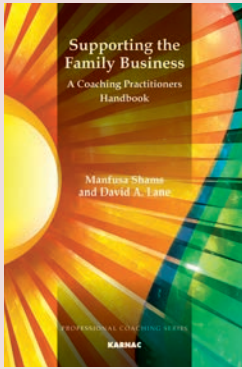
1. A brand new journal bringing together the interests of all professionals who draw on psychoanalytic perspectives in their work with couples and families.
2. An international journal presenting ideas and experiences of clinical practitioners from around the world.
3. An innovative journal critically reviewing developments in practice, research and literature.
4. A journal to enhance professional practice with authoritative articles from established as well as new authors in twice yearly issues.
5. A welcoming journal offering a forum for those seeking closer connection with others in their field.

“This journal signals the coming of age of psychoanalytic couple and family psychotherapy and reasserts the extraordinary utility of psychoanalytic principles to the understanding of human interaction. Though psychoanalysis was born out of the study of the dynamic internal world of the individual, its applicability to this investigation of different expressions of the human condition, intrapsychic and interpersonal, now including couples and families as well as groups and institutions, is further demonstrated by this journal. Psychoanalytic clinical work with couples and families now has a voice.” Stanley Ruszczynski: Psychoanalyst, British Psychoanalytic Association, Clinical Director, Portman Clinic, Tavistock and Portman NHS Foundation Trust, London.

Standard subscription rate £40.00/\$65.00

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This subscription is for one year and covers two issues per annum.



Supporting the Family Business A Coaching Practitioner's Handbook

The Professional Coaching Series

By **Manfusa Shams**, a Registered Chartered Psychologist, Chartered Scientist, Associate Fellow of BPS and a member of the BPS Special Group in Coaching Psychology, and **David A. Lane**, a chartered psychologist who contributes to leading edge research in coaching as well as supervising leading coaches undertaking doctoral research.

This book aims to offer evidence-based discussion on appropriate coaching skills for family business. The book aims to meet the demand for this knowledge base, and to achieve a practical solution-focused approach to the application of specific coaching skills to family business. The need to generate ideas to develop modern, reliable, and appropriate coaching application tools for family businesses is highlighted using experiential and reflective learning approach.

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Getting Better Results for Students, Educators, and Parents
Edited by **Christian van Nieuwerburgh**
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The Art of Inspired Living
Coach Yourself with Positive Psychology
By **Sarah Corrie**
2009, 336 pp, Demy 9781855756717 £27.99/\$45.95



Business Coaching International
Transforming Individuals and Organizations: Second Edition
by **Sunny Stout-Rostron**
2014, 416 pp, Demy 9781782200970 £34.99/\$56.95





The Psychomatrix

A Deeper Understanding of Our Relationship with Pain

By **Doreen M. Francis**, who has worked in the field of mental health for over thirty years, specialising in the psychotherapeutic treatment of mental illness and addictions.

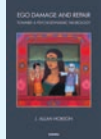
What is pain? What does it mean that you have a relationship with it, and how does this affect your identity and existence? Doreen Francis' definition of pain is derived from that proposed by scientists, such as Melzack and Wall and Freud. Pain is a dynamic, multi-layered, diverse collection of experiences, which impacts and influences us throughout life. Pain is a kind of *conglomerate* of past, traumatic, neurobiological, psychological and emotional imprints – pain as in *suffering* or *being in pain*. The author's aim here is to argue that it is not pain, as such, but our *relationship* with pain, which is most significant to the processes of our lives.

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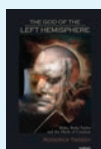
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Toward a Psychodynamic Neurology
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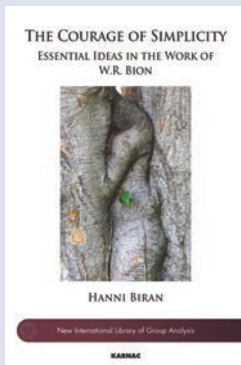


The God of the Left Hemisphere
Blake, Bolte Taylor and the Myth of Creation
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Better Than One
How We Each Have Two Minds
by **David J. Uings**
2014, 208 pp, Demy 9781782201731 £23.99/\$39.95





The Courage of Simplicity Essential Ideas in the Work of W. R. Bion

The New International Library of Group Analysis

By **Hanni Biran**, a clinical psychologist, trainee psychoanalyst, lecturer, and supervisor at Tel Aviv Institute of Contemporary Psychoanalysis.

Relying on and developing the ideas of W. R. Bion, this book observes psychoanalytic thinking through three prisms: person, group and society. Its four sections examine the individual, the small group and its

unconscious processes, feelings of despair and helplessness in the face of repetitive and unending war, and finally, key concepts in Bion's thinking.

'What a lovely, probing book Hanni Biran has written, at once gentle, strong, warm and clear, touching individual, group and cultural processes important for the quality of life today. It contributes to our thinking and feeling about who we are and what we do and can do with ourselves.'

– **Michael Eigen**, author of *Contact with the Depths* and *Faith*

Karnac Books, August 2015, 288 pp, Demy 9781782201427 £27.99/\$45.95



Foundations of Group Analysis for the Twenty-First Century

The New International Library of Group Analysis

Edited by **Jason Maratos**, a Training Group Analyst and a Fellow of the Royal College of Psychiatrists.

The Institute of Group Analysis (IGA) celebrates forty years from its foundation with the publication of two new volumes tracing the foundations and applications of Group Analysis. This first volume aims to publicise the foundations of group analysis (with the earliest papers of Foulkes), as well as the most influential theoretical contributions by pillars of modern group analysis such as Pines, Brown, and Hopper.

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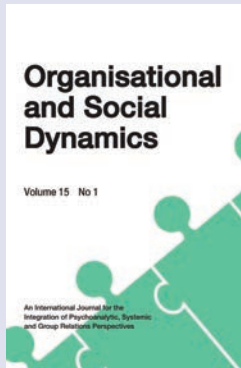
The Art of Group Analysis in Organisations
The Use of Intuitive and Experiential Knowledge
By **Gerhard Wilke**

April 2014, 256 pp, Demy 9781780491530 £23.99/\$39.95



Trauma and Organizations
By **Earl Hopper**

2012, 336 pp, Demy 9781855757790 £28.99/\$46.95



Organisational and Social Dynamics Journal

An International Journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives. It is sponsored by OPUS (An Organisation for Promoting Understanding of Society).

The aim of the International Journal 'Organisational and Social Dynamics' is to contribute to the development of a deeper understanding of organisational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features and reviews of contemporary social and political events, to personal polemics or reflections.

'Organisational and Social Dynamics' is a forum for the publication of theoretical and applied papers that are relevant and accessible to an international readership; and, one where writers from psychoanalytic, group relations and systems perspectives can address emerging issues in organisations and societies throughout the world.

It aims to sustain a creative tension between scientific rigour and popular appeal, both developing conversations with the professional and social scientific world and opening up these conversations to practitioners and reflective citizens everywhere. We wish to attract manuscripts from contributors who are aware of their own values, suppositions and assumptions, the influence of counter-transference in their work, whatever form it takes, and the ability to connect the internal world of individuals and groups with societal and global processes.

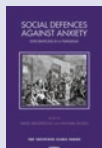
In addition to scientific papers, Organisational and Social Dynamics also seeks to attract accounts of interventions, in the shape of reports of action research projects or case studies of consultation projects; soundings, and writing inspired by events that offer perspectives on contemporary affairs and societies. It will also contain sections on speaking out, which will provide a space for personal ideas and polemic; and, dialogue, which will provide opportunities for differing views to be positioned together.

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Popular titles in Groups and Organisations



Social Defences Against Anxiety

Explorations in a Paradigm

Edited by **David Armstrong & Michael Rustin**

2014, 400 pp, Demy 9781782201687 £29.99/\$48.95



Organization in the Mind

Psychoanalysis, Group Relations and Organizational Consultancy

by **David Armstrong**

2005, 192 pp, Demy 9781855753976 £24.99/\$40.95

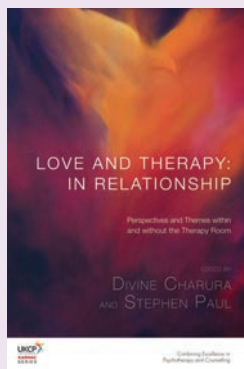


Resource-ful Consulting

Working with your Presence and Identity in Consulting to Change

by **Karen Izod & Susan Rosina Whittle**

2014, 176 pp, Demy 9781782200413 £22.99/\$37.95



Love and Therapy In Relationship

The United Kingdom Council for Psychotherapy Series

Edited by Divine Charura, Senior Lecturer in Counselling and Psychotherapy and an adult psychotherapist, and Stephen Paul, a client-centred psychotherapist.

Freud noted the importance of love in the healing of the human psyche. So many of life's distresses have their origins in lack of love, disruption of love, or trauma. People naturally seek love in their lives to feel complete. Is therapy a substitute for love? Or is it love by another name? This important book looks at the place of love in therapy and whether it is the curative factor. The authors continually stress, however, that within psychotherapy both ethical and professional boundaries should govern this 'Love' at all times in order for it to be experienced as healing and therapeutic.

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Popular titles in The United Kingdom Council for Psychotherapy Series

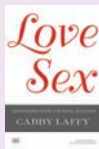


Managing Difficult Endings in Psychotherapy

It's Time

By **Lesley Murdin**

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LoveSex

An Integrative Model for Sexual Education

By **Cabby Laffy**

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The Psyche in the Modern World

Psychotherapy and Society

Edited by **Tom Warnecke**

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Psychotherapy 2.0: Where Psychotherapy and Technology Meet

Edited by **Philippa Weitz**

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Awakening Through Dreams

The Journey Through the Inner Landscape

By **Nigel Hamilton**

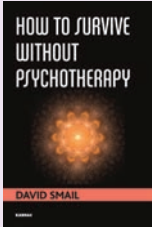
June 2014, 272 pp, Demy 9781782200505 £24.99/\$40.95





Classic titles by David Smail

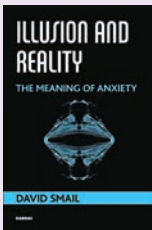
David Smail was a former consultant clinical psychologist in the NHS whose training in psychology and philosophy shines through his analysis. The primary source for his views is his experience as a clinical psychologist working in Nottingham seeing 'patients' from all walks of life.



How to Survive Without Psychotherapy

This is a book aimed at sufferers of mental distress. It aims to help remove the burden of 'fault' from sufferers for their pain and to demystify the practices that surround their treatment. The claims of these 'treatments' are analysed, and the author explains why willpower alone cannot remove symptoms. There is discussion about the resources open to an individual in positioning themselves against stressors to minimise the effect of these symptoms. That said, feelings of stress and anxiety are regularly an entirely rational response to the sufferer's predicament. This is an essential book for patients and therapists alike.

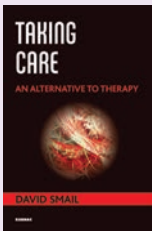
Karnac Books, August 2015, 254 pp, 9781782202882 £9.99/\$16.95



Illusion and Reality The Meaning of Anxiety

The book's primary purpose is to explain the meaning of anxiety as experienced by the sufferer. These insights also suggest, by way of secondary purpose, that the role of the therapist is not in 'curing' the individual, but rather to negotiate demystification, and to provide insight into the effects of the problems in the sufferer's world, based on the sufferer and the therapist's shared subjective understanding. The curative claims of other models of 'treatment' are also evaluated.

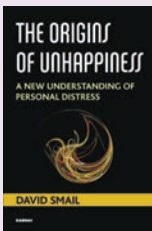
Karnac Books, August 2015, 192 pp, 9781782202851 £9.99/\$16.95



Taking Care An Alternative to Therapy

Taking Care established David Smail as an important social and political analyst whose background happened to be in clinical psychology. In this work he develops the analysis of mental illness, and psychology in general, in the contexts of society, power and interest.

Karnac Books, August 2015, 176 pp, 9781782202868 £9.99/\$16.95



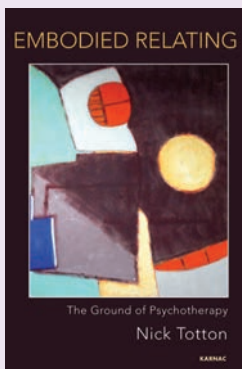
The Origins of Unhappiness A New Understanding of Personal Distress

This book argues that emotional and psychological distress is often brought about through the operation of social-environmental powers that have their origin at a considerable distance from those ultimately subjected to them. The fundamentals of an environmental understanding of distress are outlined: a person is the interaction of a body with the environment, and the environment is structured by material power. That power may be coercive, economic, or ideological. It operates at a varying distance from the person. It is always experienced proximally, but may well originate distally. This book is therefore as much a work of sociology, politics, and philosophy, as it is of psychology.

Karnac Books, August 2015, 288 pp, 9781782202875 £9.99/\$16.95

Buy the paperback editions of all four of these David Smail classics together for just £29.99 – see www.karnacbooks.com for details.





Embodied Relating The Ground of Psychotherapy

By **Nick Totton**, a therapist and trainer with many years experience in psychotherapy and a broad based approach.

This book is addressed both to body psychotherapists and to verbal therapists, and argues that embodied relating is the soil from which all therapy grows, and that conscious understanding of this makes our work more powerful and accurate. It explores the nature of embodiment, and of embodied relating, drawing on many sources including Merleau-Ponty, Foucault, Bourdieu, enaction theory, extended cognition, and neuroscience. The author goes on to place this in the context of psychotherapy, and of the wider social and political field.

Karnac Books, October 2015, 272 pp, Demy 9781782202936 £26.99/\$43.95

See also



Vital Signs

Psychological Responses to Ecological Crisis

Edited by **Mary-Jayne Rust** and **Nick Totton**

2012, 336 pp, Demy 9781780490489 £26.99/\$43.95



A New Therapy for Politics?

By **Andrew Samuels**, a psychotherapist who has developed a unique blend of post-Jungian, relational psychoanalytic and humanistic approaches to therapy work. He has established an international practice as a political consultant, working with senior politicians, political parties and activist groups.

This book deepens in a new and innovate style Professor Samuel's engagement with themes such as economics, ecopsychology, leadership, aggression and violence, the role of the individual in progressive politics, and sexuality and spirituality in political contexts. The reader is encouraged to move beyond conventional professional or academic discourse by the inclusion of experiential exercises in the text. In this

way, activism and analysis, public and private, therapeutic and more-than-personal are all brought together in a satisfying yet challenging synthesis.

Karnac Books, October 2015, 192 pp, Demy 9781782203179 £22.99/\$37.95

Also by Andrew Samuels



Politics on the Couch

Citizenship and the Internal Life

2007, 258 pp, Demy 9781855753471 £21.99/\$35.95





Attachment Journal

New Directions in Psychotherapy and Relational Psychoanalysis

Attachment: New Directions in Psychotherapy and Relational Psychoanalysis is a cutting edge journal for clinicians working relationally with their clients; it is a professional rather than academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment and relational issues. It is an inclusive journal welcoming contributions from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work. It includes up to date briefings on latest developments in neuroscience relevant to psychotherapy and counseling. It has a broad international reach, with contributions from

colleagues from different countries and cultures.

Standard subscription rate £45.00/\$70.00

Concession subscription rate £35.00/\$55.00

This subscription is for one year and covers three issues per annum.

See also



Addictions From an Attachment Perspective

Do Broken Bonds and Early Trauma Lead to Addictive Behaviours?

Edited by **Richard Gill**

2014, 160 pp, Demy 9781782201076 £17.99/\$29.95



The Journal of Psychological Therapies in Primary Care

The Journal of Psychological Therapies in Primary Care aims to disseminate articles and new developments in the following broad areas:

1. Counselling/psychotherapy and other models of clinical work e.g. art therapy.
2. Evaluation and outcome studies.
3. Politics, policy and debate.
4. Commissioning and purchasing developments.
5. Collaboration between general practice and all forms of psychotherapy work in Primary Care.
6. Student (Trainee Counsellors, Psychological Therapists and General Practice Registrars) experiences.

Standard subscription rate £40.00/\$65.00

Concession subscription rate £25.00/\$40.00

This subscription is for one year and covers two issues per annum.



Greed

Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar**, a training and supervising analyst trained in medicine and psychiatry, and author of many books.

Though references to it are scattered in the writings of Klein and Winnicott, the topic of greed has drawn meagre attention from contemporary psychoanalysts. This book fills that lacuna. Noting that the inconsolable, relentless, and coercive dimensions of such hunger have profoundly destructive impact upon the self and its objects, *Greed: Developmental, Cultural, and Clinical Realms* sheds light on the emotion's myriad manifestations, as well as its camouflage by the ego's defensive operations. Issues of childhood deprivation, adolescent novelty-seeking, and clinging to the object-world toward the end of life are examined. The avarice that prevails in today's business world is discussed, as is the deleterious impact of greed upon marital relations. More to the clinician's interest, the book highlights the various ways in which greed makes its appearance during treatment, taking into account the tabooed topic of the analyst's own greed for money, prestige, and intellectual prowess.

Karnac Books, June 2015, 264 pp, Demy 9781782202554 £26.99/\$43.95

Also by Salman Akhtar



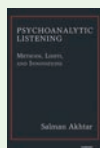
Hopelessness
Developmental, Cultural, and Clinical Realms
January 2015, 256 pp, Demy 9781782202585 £24.99/\$40.95



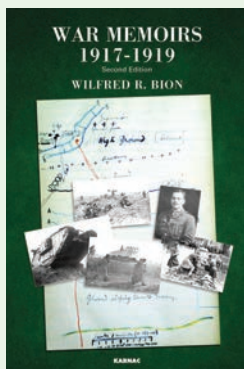
Fear
A Dark Shadow Across Our Life Span
January 2014, 272 pp, Demy 9781782200680 £24.99/\$40.95



Sources of Suffering
Fear, Greed, Guilt, Deception, Betrayal, and Revenge
May 2014, 208 pp, Demy 9781782200697 £22.99/\$37.95



Psychoanalytic Listening
Methods, Limits, and Innovations
October 2012, 208 pp, Demy 9781780491455 £23.99/\$38.95



War Memoirs 1917–1919 Second Edition

By **Wilfred R. Bion**, who has long been renowned as one of the great psychoanalysts. His career spanned much of the twentieth century, and is today one of the most influential names in the field.

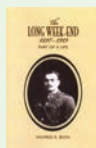
Bion's *War Memoirs* is perhaps the most exceptional piece of autobiography yet written by a psychoanalyst. The first section of the book is documentary, consisting of the entire text of the diaries which Bion wrote as a young man to record his experiences on the Western Front in 1917–1919.

This volume also includes the photographs and diagrams with which he illustrated his recollections. The diaries are followed by two later essays, in which he reflects upon his wartime experiences.

illustrated his recollections. The diaries are followed by two later essays, in which he reflects upon his wartime experiences.

Karnac Books, August 2015, 320 pp, Demy 9781782203582 £29.99/\$48.95

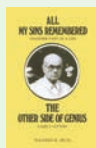
Also by Wilfred R. Bion



The Long Week-End 1897–1919

Part of a Life

1982, 288 pp, Demy 9781855750005 £44.00/\$70.95



All My Sins Remembered

Another Part of a Life & The Other Side of Genius: Family Letters

1991, 254 pp, Demy 9781855758452 £36.99/\$59.95



A Memoir of the Future

Volumes I, II & III

1990, 688 pp, Demy 9780946439799 £54.00/\$86.95



The Complete Works of W. R. Bion

October 2014, 16 vols 4352 pp, Hardback

9781855756038 £750.00/\$1250.00

See also



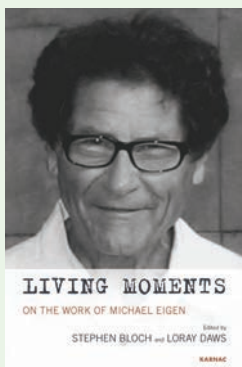
The Language of Bion

A Dictionary of Concepts

by **P. C. Sandler**

2010, 868 pp, PB 9781855758360 £46.99/\$75.95





Living Moments On the Work of Michael Eigen

Edited by Stephen Bloch, a clinical psychologist and Jungian analyst, and Loray Daws, a clinical psychologist and psychoanalytic psychotherapist currently in private practice. With a Foreword by James S. Grotstein, former training and supervising analyst.

This collection of papers, by contributors in the USA, Israel, Australia and South Africa, reveal how Eigen's works yield creative and generative possibilities with profound clinical and cultural implications. Writers include well-known authors such as Mark Epstein, Anthony Molino

and Brent Potter.

The papers are divided into three sections: Reflections (psychoanalytic and philosophical concerns, such as Heidegger, the Hindu Goddess Kali, Buddhism, the sense of Time); Refractions (clinical implications, papers on murder and aliveness, the nature of the analytic interaction, addiction and work with the mother–infant relationship), and Responses (personal impacts of his works, as well as poetry and the thoughts of a creative writer on Eigen's oeuvre). There are also papers on the experience of supervision with Michael Eigen as well as on his weekly seminars on Bion, Winnicott and Lacan, ongoing for more than forty years, in New York. The book is a long-overdue celebration of, and homage to, a creative and unique figure in contemporary psychoanalysis.

With a Foreword by Dr. James Grotstein, and a complete bibliography of Michael Eigen's writings compiled by Loray Daws.

Karnac Books, August 2015, 400 pp, Demy 9781780491844 £32.99/\$53.95

Selected works by Michael Eigen



Psychic Deadness
2004, 264 pp, Demy 9781855753860 £27.99/\$45.95



Damaged Bonds
2001, 200 pp, Demy 9781855752566 £27.99/\$45.95

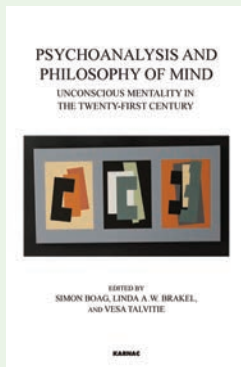


The Psychotic Core
2004, 402 pp, Demy 9781855753914 £27.99/\$45.95



The Electrified Tightrope
2004, 324 pp, Demy 9781855753969 £26.99/\$43.95





Psychoanalysis and Philosophy of Mind

Unconscious Mentality in the Twenty-first Century

Edited by **Simon Boag**, a Senior Lecturer in Psychology, **Linda A. W. Brakel**, Associate Professor (Adjunct) of Psychiatry and Research Associate in Philosophy, and **Vesa Talvitie**, a Doctor of Psychology, licensed psychotherapist, organisational consultant who currently works as an occupational psychologist.

This book addresses the psychoanalytic concept of mind in the 21st century via a joint scientific and philosophical appraisal of psychoanalytic theory. The book provides a fresh critical appraisal and reflection on Freudian concepts, as well as addressing how current evidence and scientific thinking bear upon Freudian theory. It centres upon the major concepts in psychoanalysis, including the notion of unconscious mental processes and wish-fulfilment, and their relationship to dreams, fantasy, attachment processes, and neuroscience.

Karnac Books, August 2015, 320 pp, Demy 9781782201793 £28.99/\$46.95

See also



Philosophy, Science, and Psychoanalysis

A Critical Meeting

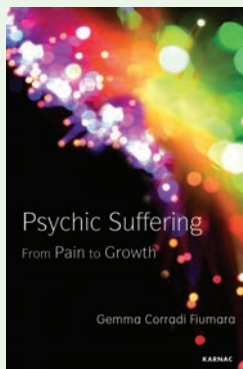
Edited by **Simon Boag**, **Linda A. W. Brakel** and **Vesa Talvitie**

January 2015, 352 pp, Demy 9781780491899 £29.99/\$48.95



Freudian Repression, the Unconscious, and the Dynamics of Inhibition
by **Simon Boag**

December 2011, 268 pp, Demy 9781855757387 £23.99/\$38.95



Psychic Suffering From Pain to Growth

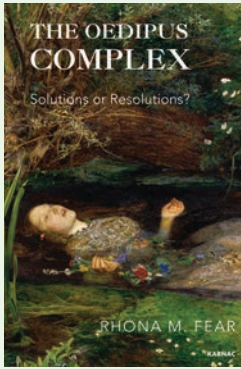
By **Gemma Corradi Fiumara**, a training and supervising analyst with the Italian Psychoanalytic Society, and formerly Professor of Philosophy at the Third University of Rome, Italy.

This book creates an awareness of our 'excessive' fear of mental pain: the ubiquitous abhorrence of inner distress functions as a gravitational force that may ultimately impede both maturation and creativity, as if we were facing a choice between utilising our inner suffering, or else being overwhelmed by our fear of its inertial power. Psychoanalytic interpretation is the effort to render pain more approachable, and bearable enough for us to move forward, to avoid the escapes of pathology and somatisation. This exploration is in fact

an urgent concern, both clinically and socially.

At the centre of psychoanalytic culture, and of the humanities in general, the question of inner pain propels us to re-focus research on the psychic transition towards agency, as contrasted to acquiescing in an outlook of passivity and recourse to innumerable anaesthetics. We believe that in psychoanalysis we can gain a microscopic view of inner phenomena and also a back-stage perspective of our vicissitudes. Yet, the paradox we must endure is that a strong need to believe, and a complementary need to question ourselves radically, may be our best hope for the pursuit of research on psychic suffering.

Karnac Books, October 2015, 208 pp, Demy 9781782202691 £24.99/\$40.95



The Oedipus Complex Solutions or Resolutions?

By **Rhona M. Fear**, a UKCP registered psychoanalytic psychotherapist, who has been in private practice since 1994.

Freud's theory of the Oedipus complex is seminal to psychoanalytic theory, but often ignored because of failure to appreciate the nuances. This book seeks to demystify this fascinating topic by exploring the theory in approachable language. In the early pages of the book the author takes us through Freud's gradual development of his theory and then moves the reader towards a different view as expressed by Melanie Klein. At the end of the first part of the book the author seeks to promulgate the thesis that there is a causal correlation between attachment theory and the Oedipus complex.

In the later pages of the book the author draws on her personal experience of twenty-five years in practice as a psychoanalytic psychotherapist to present a number of case studies of patients, all of whom have suffered from an unresolved Oedipus complex. Each of these individuals had found a different temporary 'solution' to make life bearable prior to presenting in therapy, where a more permanent resolution could be worked upon.

The author sets Freud's theory in its historical and sociological context, but makes the point that as exemplified in the case studies, we need to view it differently 100 years on.

Karnac Books, October 2015, 160 pp, Demy 9781782202950 £18.99/\$30.95

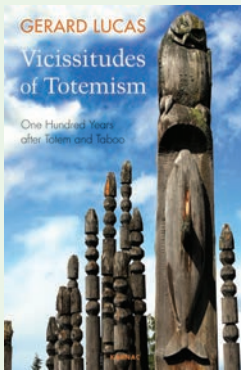
See also



The Oedipus Complex Today Clinical Implications

By **Ronald Britton** and **Edna O'Shaughnessy**

1989, 160 pp, Demy 9780946439553 £27.99/\$45.95



The Vicissitudes of Totemism One Hundred Years After *Totem and Taboo*

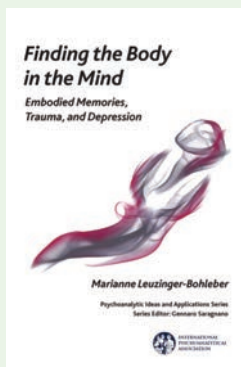
By **Gérard Lucas**, a psychiatrist and psychoanalyst. He is vice-president for Europe of the International Psychoanalytical Association's Organizational Committee for Child and Adolescent Psychoanalysis.

After being the subject of many studies up until 1914, totemism seemed to disappear from the literature. The publication of Freud's work *Totem and Taboo* was initially greeted with silence, and subsequently with rare and hostile reactions. C. Lévi-Strauss was one of the few to devote a book to Totemism, but considered it as an illusion. Eminent members of the English School of Anthropology contested this view in the name of long field experience.

Totemism appears in Freud's work as a way of dealing with one of the canonical forms of human destructiveness, namely, parricide. Why did eminent men find it impossible to utilize this book and those that followed it in the interwar period?

The mass murders in Nazi Germany and Stalinist Russia, however different they may have been, have in common the scope and horror of their consequences that became unrepresentable for Europeans for more than thirty years. Did this delay, and the attitudes of the following generations towards authority, result from a logic of 'resistance' aimed at reestablishing refusals that did not take place at the time? The Western world seems to have forgotten the strength of family ties and of religion in the world.

Karnac Books, October 2015, 288 pp, Demy 9781782202622 £27.99/\$45.95



Finding the Body in the Mind Embodied Memories, Trauma, and Depression

*The International Psychoanalytical Association
Psychoanalytic Ideas and Applications Series*

By **Marianne Leuzinger-Bohleber**, a training analyst whose main research fields include epistemology and methods of clinical and empirical research in psychoanalysis, interdisciplinary discourse with embodied cognitive science, educational sciences, and modern German literature.

Since the 1990s many different scientific disciplines have intensified their interest in the so called 'mind-body-problem': psychoanalysis, philosophy, academic psychology, cognitive science and modern neuroscience. The conceptualisation of how the mind works has changed completely, and this has profound implications for clinical psychoanalytical practice as well as for theorising in contemporary psychoanalysis. The question of how unconscious fantasies and conflicts, as well as traumatic experiences, can be understood and worked through is, and has been, one of the central topics of psychoanalysis.

Karnac Books, July 2015, 320 pp, Demy 9781782202097 £29.99/\$48.95

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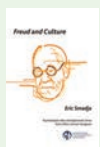


Play, Gender, Therapy

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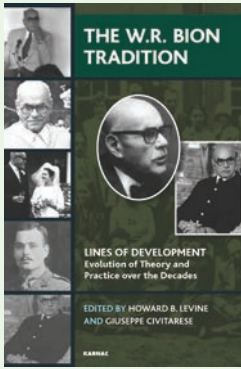


Hostile and Malignant Prejudice

Psychoanalytic Approaches

Edited by **Cyril Levitt**

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The W. R. Bion Tradition

The Lines of Development – Evolution of Theory and Practice over the Decades Series

Edited by **Howard B. Levine**, supervising analyst at the Massachusetts Institute for Psychoanalysis, and **Giuseppe Civitaresse**, psychiatrist, and training and supervising analyst.

This book engages a truly international group of distinguished Bion scholars, offering a wide variety of contemporary clinical and theoretical explorations and extensions of the seminal work of Wilfred Bion. It includes detailed case reports, theoretical discussions, and essays.

Karnac Books, October 2015, 544 pp, Crown Quarto 9781782200369 £55.00/\$88.95

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Fairbairn and the Object Relations Tradition

Edited by **Graham S. Clarke** and **David E. Scharff**

January 2014, 544 pp, Crown Quarto 9781780490823 £49.99/\$80.95



An Introduction to W. R. Bion's

A Memoir of the Future

Volume Two: Facts of Matter or a Matter of Fact?

By **P. C. Sandler**, training analyst with a private psychoanalytic practice.

In the last years of his life Bion gathered unusual manuscripts handwritten in his tidy lettering that assumed the form of a trilogy. Finely typed and edited by his dedicated wife, they were named *A Memoir of the Future*. In this second volume of a much needed introduction to Bion's last work, Paulo Cesar

Sandler continues his detailed and insightful 'prelude' to a work many readers have found 'obscure, complicated and difficult'.

Karnac Books, September 2015, 400 pp, Demy 9781782201144 £33.99/\$54.95

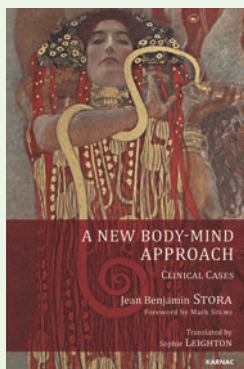
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An Introduction to W. R. Bion's *A Memoir of the Future*

Volume One: Authoritative, Not Authoritarian, Psychoanalysis
By **P. C. Sandler**

October 2014, 400 pp, Demy 9781782200109 £35.00/\$57.95



A New Body-Mind Approach Clinical Cases

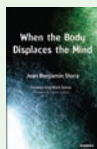
By **Jean Benjamin Stora**, a psychoanalyst and psychosomatician, a hospital consultant in psychosomatics and author of numerous books.

Amongst the fascinating and compelling questions that this book raises are: how can we understand an illness if we only analyse the psyche? How can we understand patients if we only take account of their biological data? Are hypochondriac problems generated by the mind, as some doctors believe, or are the problems in fact more complex?

The author also considers whether traditional psychoanalysis and medicine might actually distance practitioners from an understanding of patients and illnesses. For integrative psychosomatics, the psyche or the mind can play either a greater or lesser role in illness: advances in research in the neurosciences and biology over the last twenty years have uncovered many biological and genetic processes involved in the relations between the central nervous system and the other systems that constitute the human psychosomatic entity. Consequently, we can now understand illnesses much better and care for patients with regard to how they relate to their illnesses.

Karnac Books, August 2015, 208 pp, Demy 9781782200987 £24.99/\$40.95

Also by Jean Benjamin Stora



When the Body Displaces the Mind
Stress, Trauma and Somatic Disease
2007, 214 pp, Demy 9781855754188 £24.99/\$40.95



Maps for Psychoanalytic Exploration

By **Parthenope Bion Talamo**, a highly regarded analyst and the oldest child of W. R. Bion.

Maps for Psychoanalytic Exploration brings together Parthenope Bion Talamo's main works that explore the important implications of her father's ideas at different levels of psychic and social organization. Hitherto published only in Italian, they are made available to a wider readership in this volume through a translation into English by Shaun Whiteside, supported by the generosity of the members of the Melanie Klein Trust.

Karnac Books, August 2015, 288 pp, Demy 9781782201038 £28.99/\$46.95

See also

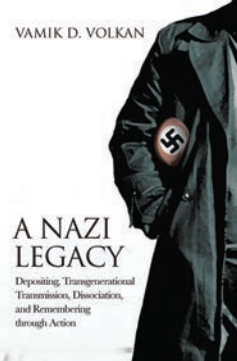


W. R. Bion
Between Past and Future
Edited by **Parthenope Bion Talamo** and **Franco Borgogno**
2000, 300 pp, Demy 9781855751873 £27.99/\$45.95



Bion's Legacy to Groups
Edited by **Parthenope Bion Talamo** and **Franco Borgogno**
1998, 128 pp, Demy 9781855751880 £25.99/\$42.95





A Nazi Legacy

Depositing, Transgenerational Transmission, Dissociation, and Remembering Through Action

By **Vamik D. Volkan**, an Emeritus Professor of Psychiatry and an Emeritus Training and Supervising Analyst.

This book relates the psychoanalytic journey of a man in his thirties, a grandson of a high-level SS officer, whose case illustrates how individuals can sometimes suffer greatly or cause the suffering of other innocent persons, simply because they are descendants of perpetrators. In it, technical considerations in treating such an individual, including countertransference issues

and concepts related to transgenerational transmissions – for example, identification, depositing, dissociation, encapsulation, and remembering through actions – are explored. The book describes his psychoanalytic process from beginning to end and how he slowly became able to face and name the ‘catastrophes’, eventually taming them.

Karnac Books, September 2015, 144 pp, Demy 9781782203704 £17.99/\$29.95

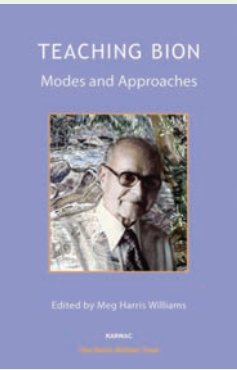
Also by Vamik Volkan



Animal Killer
Transmission of War Trauma From One Generation to the Next
December 2013, 118 pp, Demy 9781782200734 £14.99/\$24.95



Would-Be Wife Killer
A Clinical Study of Primitive Mental Functions, Actualised Unconscious Fantasies, Satellite States, and Developmental Step
March 2015, 176 pp, Demy 9781782202790 £19.99/\$32.95



Teaching Bion

Modes and Approaches

The Harris Meltzer Trust Series

Edited by **Meg Harris Williams**, a writer and artist who has written and lectured extensively on psychoanalysis and literature.

This book is one of a short series on the teaching of post-Kleinian psychoanalysis, with a companion volume on *Teaching Meltzer*.

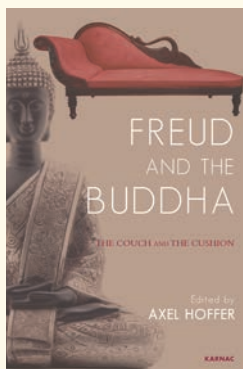
Karnac Books, Harris Meltzer Trust June 2015, 256 pp, Demy 9781782201199 £23.99/\$39.95

See also



Teaching Meltzer: Modes and Approaches
Edited by **Meg Harris Williams**
February 2015, 256 pp, Demy 9781782201205 £25.99/\$42.95





Freud and the Buddha The Couch and the Cushion

Edited by Axel Hoffer, a Training and Supervising Analyst and Associate Professor of Psychiatry.

This book investigates what psychoanalysis and Buddhism can learn from each other, and offers chapters by a Buddhist scholar, a psychiatrist-author, and a number of leading psychoanalysts. It begins with a discussion of the basic understanding of both psychoanalysis and Buddhism, viewed not as a religion but as a psychology and a philosophy with ethical principles.

The focus of the book rests on the commonality between the psychoanalyst's neutrality as he listens to his freely associating patient, and the Buddhist monk's non-judgmental attention to his mind.

Karnac Books, July 2015, 224 pp, Demy 9781782201472 £24.99/\$40.95

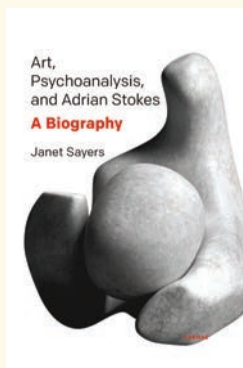
See also



The Buddha and the Baby

Psychotherapy and Meditation in Working with Children and Adults
Edited by **Maria Pozzi**

August 2014, 336 pp, Demy 9781780490816 £26.99/\$43.95



Art, Psychoanalysis, and Adrian Stokes

A Biography

By Janet Sayers, who works for the NHS and teaches as emeritus professor of psychoanalytic psychology.

Illustrated with Barbara Hepworth's abstract stone carving, with other works of art, and with fascinating vignettes from Adrian Stokes's writing, this biography highlights his revolutionary emphasis on the materials-led inspiration of architecture, sculpture, painting, and the avant-garde creations of the Ballets Russes.

In also detailing Stokes's role as catalyst of the transformation of St. Ives in Cornwall into an internationally-acclaimed centre of modern art, and his falling in love again in his early forties, this biography shows how Stokes used all these experiences, together with his many years of psychoanalytic treatment by Melanie Klein, in forging insights about ways the outer world gives form to the inner world of fantasy and imagination.

Karnac Books, July 2015, 352 pp, Hardback 9781782202837 £35.00/\$57.95

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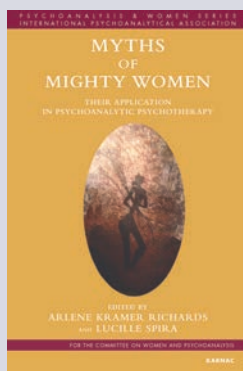
Art and Analysis

An Adrian Stokes Reader

By **Adrian Stokes**, edited by **Meg Harris Williams**

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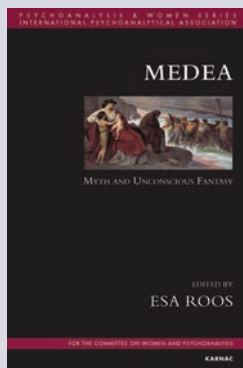
Myths of Mighty Women Their Application in Psychoanalytic Psychotherapy

Psychoanalysis and Women Series

Edited by Arlene Kramer Richards, a training and supervising analyst who has published numerous articles and books on gender related issues, women's psychology, loneliness, literature, and films, and Lucille Spira, who has published in various psychoanalytic journals and is currently in private practice.

This book is useful for therapists to read themselves and/or to give to their patients when they suffer from fantasies of the bad mother who does not want to be surpassed or the weak mother who cannot protect, or the therapist who wants to keep the woman patient in a weak and needy position. This book, in other words, is meant to empower patients by helping therapists to understand how and why the patients need the image of a strong, nurturing woman, so that they themselves can become strong, nurturing women.

Karnac Books, June 2015, 272 pp, 9781782203049 £26.99/\$44.95



Medea Myth and Unconscious Fantasy

Psychoanalysis and Women Series

Edited by Esa Roos, a consultant and supervisor at various institutions.

In this remarkable new book the 'Medea fantasy' is introduced as an unconscious determinant of psychogenic sterility, a fantasy that may form an unrecognized and dissociated part of the self-representation. The author describes how this can lead women to believe that their lovers (like Jason in the original myth) will deceive and abandon them, and that this anxiety might cause them to react violently towards their children.

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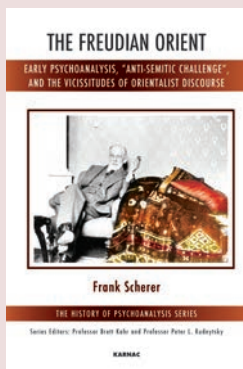
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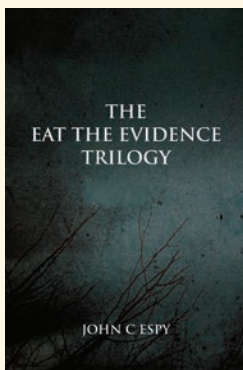


Looking Through Freud's Photos

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The *Eat The Evidence* trilogy tells the story of a violent serial pedophile and murderer. It does not attempt to take the reader inside the mind of a serial killer; rather it attempts to take the serial perpetrator into the psyche of the reader. This allows the reader to experience a portion of the psychic primitiveness that a serial perpetrator uses to ensnare his victims. The trilogy follows Nathaneal Bar Jonah from birth to death on a torrent of pedophilic and homicidal mayhem. These books were compiled from hundreds of hours of interviews and more than a hundred thousand pages of court documents.



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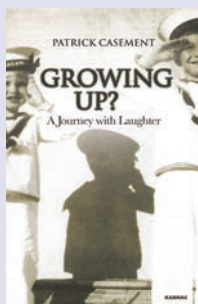


Telling Time A Novel

By **Marie Adams**, a writer and practising psychotherapist.

Everyone has secrets. Lisa Harden has spent years polishing her image as a successful psychotherapist, highly respected and well known in her field. When a new patient appears in her office asking for therapy, Lisa is inexplicably unnerved and fights hard to keep up appearances. Only when the price of keeping her secret takes her to the brink of losing everything, including her marriage, does Lisa finally return to Canada to confront her past. But it may already be too late.

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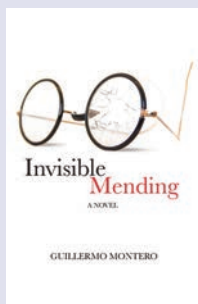


Growing Up? A Journey with Laughter

By **Patrick Casement**, now retired, previously a training analyst of the British Psychoanalytical Society. He was in full-time private practice for many years.

Patrick Casement has put together a fascinating account of his strange journey from a privileged background, through schools and national service, and then through university, avoiding throughout the wishes of his family for him to join the Royal Navy.

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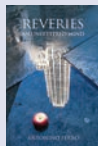
Invisible Mending A Novel

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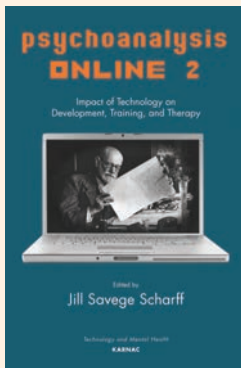
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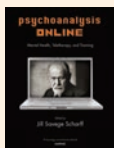
The Library of Technology and Mental Health

Edited by **Jill Savege Scharff**, psychoanalyst and psychotherapist with individuals, couples and families, and an author, editor and series editor of many books, several co-authored with David E. Scharff.

Following on from the first volume, this is an international collaboration by psychotherapists and psychoanalysts who consider the impact of virtual reality on our society and the uses of communications technology for analytic treatment and professional training. Having examined the impact of communications technology on mental health and relationships, the authors explore its use in analytical treatment conducted on the telephone and over the internet, and review its problems and possibilities. They provide a multi-faceted view of it, an ethical stance in relation to it, and evidence from which to judge its effectiveness. Looking into the future, they imagine a time when technology-supported analytic treatment may be not only convenient as a supplement to in-person treatment but also preferable for some patients and therapists in various circumstances.

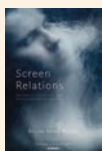
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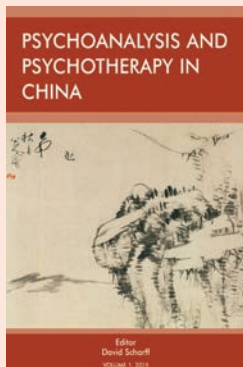
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Attachment in the Digital Era
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Distance Psychoanalysis
The Theory and Practice of Using Communication Technology in the Clinic
By **Ricardo Carlino**

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Journal of Psychoanalysis and Psychotherapy in China

Edited by David E. Scharff, chair and former director, the International Psychotherapy Institute, Washington DC; member and chair, Work Group on Family and Couple Psychoanalysis of the International Psychoanalytical Association; co-author of numerous books and articles.

This peer-reviewed journal explores the introduction of psychoanalysis, psychoanalytic therapy, and the wider application of psychoanalytic ideas into China. It aims to have articles authored by Chinese and Western contributors which explore ideas that apply to the Chinese clinical population, cultural issues relevant to the practice of analysis and psychotherapy, and to the cultural interface between Western ideas underpinning psychoanalysis, and the richness of Chinese intellectual and philosophical ideas that analysis must encounter in the process of its introduction.

The publication of the journal in Chinese is also planned in collaboration with a Chinese partner. It features theoretical and clinical contributions, philosophical and cultural explorations, applications such as the analytic study of art, cinema and theatre, social aspects of analytic thought, and wider cultural and social issues that set the context for clinical practice.

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Edited by **David E. Scharff**

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Psychoanalysis in Asia

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